

Physiotherapy for senior dogs

As dogs grow older, they face increased susceptibility to musculoskeletal injuries and degenerative conditions that affect their overall well-being. While these changes are commonly attributed to aging, they typically stem from underlying issues that can be alleviated through physical rehabilitation. Physiotherapy offers numerous benefits for senior dogs, including:



Browns Vet Physio
Equine & canine physio
07747 151 905
brownsvetphysio@gmail.com
www.brownsvetphysio.co.uk
facebook.com/brownsvetphysio

BENEFITS OF PHYSIOTHERAPY

- Pain management
 - Reduction of stiffness
 - Addressing asymmetries
 - Encouraging proper gait
 - Improving flexibility and range of motion
 - Maintaining muscle strength and mass
 - Alleviating symptoms of osteoarthritis, which affects up to 80% of dogs over 8 years old.
- Owners witnessing this transformation in their senior dogs may observe:**
- Increased participation in normal activities
 - Reduced pain and discomfort
 - Improved mobility and agility
 - Enhanced overall quality of life



HELP IMPROVE YOUR DOG'S QUALITY OF LIFE

- **Keep them active**
- **Keep their joints mobile and continue going out for walks**
- **Get up from resting position easier**
- **Be able to go up the stairs or into their bed easier**



Canine Mobility Clinic Consultation questionnaire



I care about your dogs' wellbeing and know that as they enter their senior years they can start developing mobility issues.

To help you and your dog manage this I am offering Canine Mobility Clinics.

WHEN IS A DOG CONSIDERED A SENIOR?

Any dog over the age of 7, is considered to be in their senior life stage.

And **80%** of dogs over the **age of 8** are estimated to be affected by osteoarthritis.

WHY DOES MY DOG NEED A MOBILITY CLINIC ASSESSMENT

As your pet gets older, their bodies start to slow down and subtle changes can occur. Whilst our dogs are faster than us, they do experience many similar body changes. This clinic is designed to help you identify and understand age related changes early.

WHAT IF MY DOG NEEDS TO BE REFERRED TO A VET

Once your dog has been assessed and I have advised that your dog would benefit from further investigation from a veterinary surgeon, I can provide you with a written assessment to discuss further with your vet who may offer diagnostic or prescription medicines.

Has your pet seen a vet about mobility issues before? Yes No

Please complete this form and bring it to your consultation. Feel free to contact me via email brownsvetphysio@gmail.com if you have any further questions.



Client Name.....

Dog Name.....

Age.....

Email address.....

Mobile Tel no.....

Have you noticed any of the following - please tick which apply to your dog:

- Decreased activity or reluctance to walk, run, climb stairs, or play
- Lagging behind on walks
- Stiffness or limping
- Restlessness, cannot get comfortable
- Stiffness or limping
- Yelping, whimpering, soreness when touched
- Tires easily/short of breath
- Excessive licking of limbs/joints
- Coat changes
- Personality changes - becoming more grumpy/reactive with other dogs or people
- Has there been any changes in the way the sit or stand, lie down
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- Is your dog currently on any prescription medicines?
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- Are you giving any natural therapies or supplements for mobility/arthritis?
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