

Benefits for Performance Animals

Many owners are using Photizo proactively on their elite animal athletes as part of the regime for assisting muscle recovery before and after intense training or competition.



Apply directly on the body over all tight muscle groups to aid recovery, increase circulation and lymphatic system.

Photizo can be applied on compensatory areas, not just over injury sites. This will help all overworked muscles getting sore and can help prevent further complications.

Photizo can be applied over acupoints to achieve deeper systemic effects.

Best results can be achieved when the owner is able to initially use daily for the first week if possible. Once an initial daily course has been applied, Photizo can be applied to stress points and main muscle groups as a maintenance dose eg. 2-3 times per week. Photizo is highly beneficial to use between professional treatment sessions of physiotherapy, sports massage, chiropractic or hydrotherapy.

Chronic scar tissue – we cannot say Photizo will eliminate established scar tissue permanently. Practitioners report that regular application will improve the elasticity and flexibility of old scar tissue to help prevent recurrent problems or mobility issues therefore **regular application is required on those areas to maintain effects.**

Think about using Photizo intuitively, there are no side effects so prevention is better than cure!



Reactions you may see

Tiredness can occur due to the release of metabolites and / or release of tension

Pain: As Phototherapy can stimulate the tissue repair process, a chronic issue may become 'acute' as the healing process is activated. This could cause a short term pain reaction

It is interesting to note that animals are more sensitive to phototherapy light than humans and may react when light enters the injury or problem area. Applying over a sensitive acupoint may require lifting the Photizo device slightly off the body

General Guidelines for best results

Acute or Chronic Conditions – treat daily for several days with number of doses, depending on size of animal and type of condition. eg. Domestic animal or horse/livestock and whether wound, superficial or deep musculoskeletal injury

Wounds – hold slightly off the body (approx. 1cm) and treat once daily with 1 dose around wound margin and over site of wound until healed. Good results experienced with twice daily application on post surgical wounds. One dose per spot whatever size of animal because wounds are superficial/usually no hair

Musculoskeletal injuries – Depending on superficial or deep, double or triple dose per spot may be necessary on larger domestic breeds, horses and livestock. Apply directly on the body, no need to clip hair but may help for light to penetrate through thick hair if a small rotational movement is applied

Basic application guidance is in the User Manual on how to apply for specific conditions. If in doubt refer to the user guide which is ideal for the home user. However proactive application for the performance animal is not mentioned as these effects/results have not yet been scientifically proven. We have plenty of anecdotal evidence of user experience and reports from owners of elite animal athletes which we love to share so you can get the most out of your device.

More useful advice based on studies, best practice and practical experiences

For better healing effect – less is more so don't apply repetitive doses – if healing is the ultimate aim, stick to the user guide recommendations.

Use Photizo before applying any topical products, make sure animal is dry as water in hair can reduce intensity

For acute pain relief (including people) more doses may be applied (especially over large muscle groups) although animals normally have a fast response to analgesic effects.

If animal appears to be having an increase in pain e.g. arthritis flare up or overdone it on a walk/exercise – go back to daily application or even use before exercise/or just after. Use common sense rather than following user guide too literally – owners normally know their animals.

Calming effects (serotonin increase) will help anxious animals and can improve behaviour. Especially useful to use Photizo when it is not appropriate or viable for manual therapy.

Animal therapists use Photizo prior to massage, manual therapy or hydrotherapy. Increase in blood flow etc. enhances the effects of massage or even absorption of essential oils.

Always try to use Photizo as soon as possible after trauma for even faster and more efficient healing, whether wound, musculoskeletal, swelling, infection or any inflammatory response. Fast application will usually help minimise or prevent scar tissue formation.

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